

Role of IVUS in Lt main coronary intervention

by

Youssry Kamel ,MD
National Heart Institute

Clinical data case 1

Female patient

49 Y old

Risk Factors:

Strong + FH

Mid HTN

Dyslipedimic

Obese

Not DM

Complaint:

chest pain at rest (nocturnal)
and exertional dyspnea

ECG: no specific changes

Echo : Normal

CT angio : significant ostial LM stenosis.

C.Angio was **inconclusive** with lesion appearing mild in several views and significant eccentric in others



Conclusion :

Despite the original diagnosis made by CT and diagnostic CA ,**IVUS was very crucial** to clarify that this patient has mild non significant occlusive plaque in the ostium of the Lt. main.

Treatment strategy:

Tight control of risk factors.
Aggressive lipid lowering agents.
close Follow up.

Clinical Data
Case 2

Male patient
53 years

Risk Factors:

Not DM
Not HTN
Heavy smoker

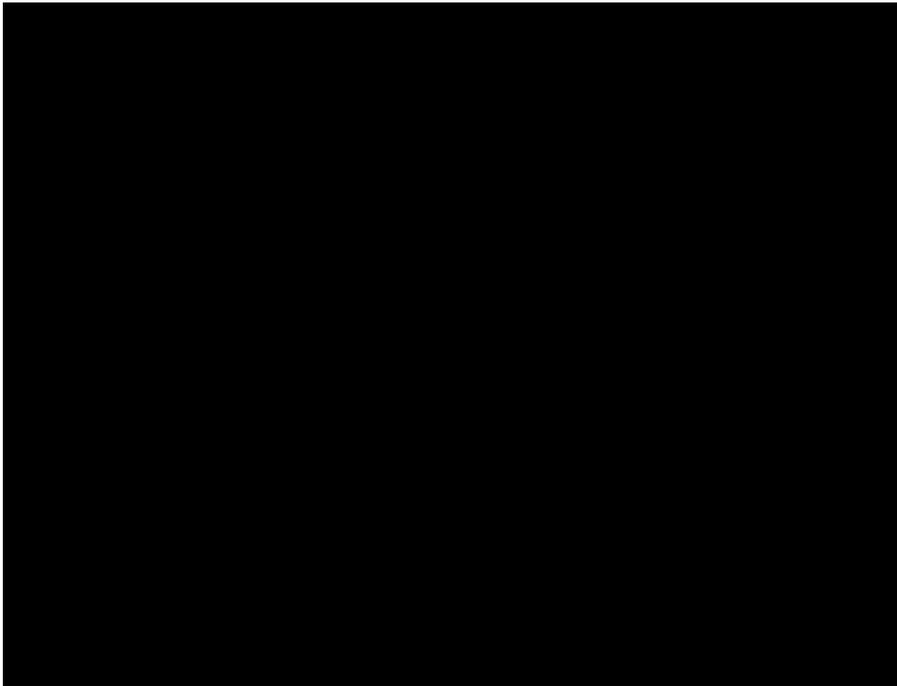
Complaint:

CC Class II chest pain
ECG: no specific changes
Cardiac biomarkers: Normal

Echo:

No RWMA
Good LV systolic function
EF:55%
DD Grade 1

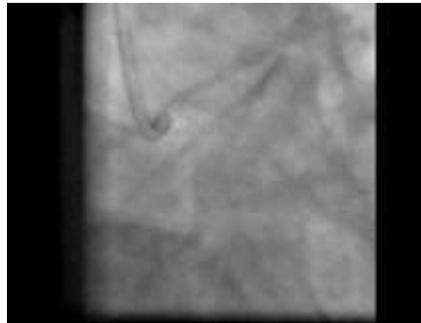
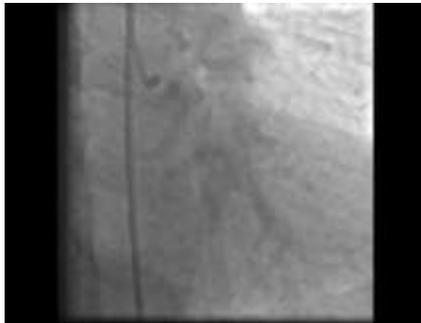
Stress ECG: +ve at stage 2
2 mm ST segment depression in
LII,III,avF & V 4-6



Final angiographic result

Before PCI

After PCI



IVUS guided PCI Lt main

Pre PCI
IVUS MLA: 5.7 mm²

Post PCI
IVUS MLA: 15.1 mm² s



IVUS guided PCI Lt main

Improper apposition
of stent



Proper apposition of
stent



Take home message

- ❑ Although angiography is considered the gold standard for coronary artery assessment, the severity of atherosclerotic stenotic lesions might be **misjudged** due to significant inter-observer variability which could lead to use of inappropriate strategies .
- ❑ Among all coronary lesions, the decision-making process for the treatment of **unprotected** left main (ULM) stem lesions is still challenging.

Take home message

- The use of invasive assessment is not a routine during PCI , however , in case of atherosclerotic UPLM stenosis ,the use of either (**IVUS + /- FFR**) is **extremely important** to improve selection of PCI cases, technique of stenting and to optimize the outcome.
- PCI is a valuable alternative to CABG in UPLM stenosis especially in selected patients group.
(low or moderate anatomical complexity)

