



## Real World Evidence

Dr Sameh Emil M.D , FSCAI  
Prof. of Cardiology MMA



## Why should we care about any real world data versus clinical trial?

### **Effectiveness (Real-world data)**

- Does it work under usual circumstances?
- Real world clinical practice
- Drug performance in the real world
- Flexible regimen with regular day to day clinic patient
- Low to high compliance
- External validity - medium to high

### **Efficacy (Clinical trial data)**

- Does it work under ideal circumstances?
- Controlled clinical trial environment
- Geared to get FDA approval
- Fixed regimen with highly motivated patients
- Compliance usually high
- External validity - low to medium

## Story Flow

### Real World Evidence with Rivaroxaban

#### Dimensions of Real World Evidence Data for NOACs

##### Safety

- **Prospective study XANTUS** provides unique RWE in SPAF
  - Versus ROCKET AF: Complimentary in Baseline Characteristics and consistent in outcomes
  - Versus ARISTOTLE / RE-LY: Similar patient populations might lead to similar efficacy and safety outcomes

##### Efficacy

- **Retrospective Database Analysis REVISIT US** further confirms favorable efficacy and safety profile of Rivaroxaban vs Warfarin
- Rivaroxaban significantly reduced the combined endpoint of ischemic stroke and ICH vs warfarin

##### Adherence Persistence

- Rivaroxaban was associated with high persistence rates in Real World (exceeding warfarin or dabigatran)
- Patients treated with OD rivaroxaban demonstrated better adherence than those treated with BID regimens

##### Dosing

- Use of low-dose rivaroxaban in Real World is consistent with expectations from phase III - unlike Apixaban

### You need to put all four Dimensions into Perspective to Judge on Real World Evidence Data





## Effectiveness and Safety

Real-world evidence data

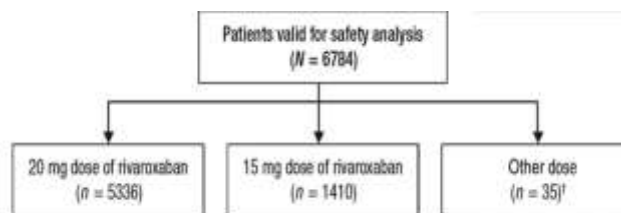


European Heart Journal (2016) 37, 1145–1153  
doi:10.1093/eurheartj/ehw466

**FASTTRACK**  
ESC Clinical Registry

### Atrial fibrillation

## XANTUS: a real-world, prospective, observational study of patients treated with rivaroxaban for stroke prevention in atrial fibrillation



### Conclusion

XANTUS is the first large, international, prospective study describing the use of rivaroxaban for stroke prevention in a broad NVAf patient population. The rates of major bleeding and stroke with rivaroxaban were found to be low in routine clinical practice.



**blood**<sup>®</sup>

2014 124: 955-962  
doi:10.1182/blood-2014-03-563577 originally published  
online May 23, 2014

**Rates, management, and outcome of rivaroxaban bleeding in daily care: results from the Dresden NOAC registry**

n=1200

**Key Points**

- In a real-world setting, annualized bleeding rates of major rivaroxaban bleeding are lower than those reported for vitamin K antagonists.
- Treatment of major rivaroxaban bleeding is simple and rarely requires pro-coagulants; outcome at 90 days is better than that reported for vitamin K antagonists.

**Quality and Outcomes**

**US Dod PMSS**

**Characterizing Major Bleeding in Patients With Nonvalvular Atrial Fibrillation: A Pharmacovigilance Study of 27 467 Patients Taking Rivaroxaban**

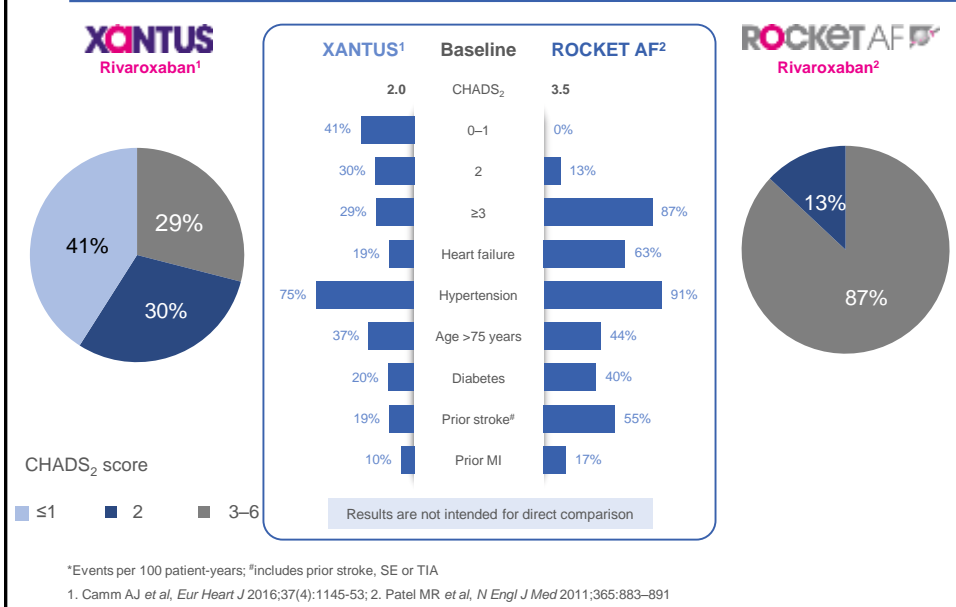


**Conclusions:** In this large observational study, the MB rate was generally consistent with the registration trial results, and fatal bleeds were rare.

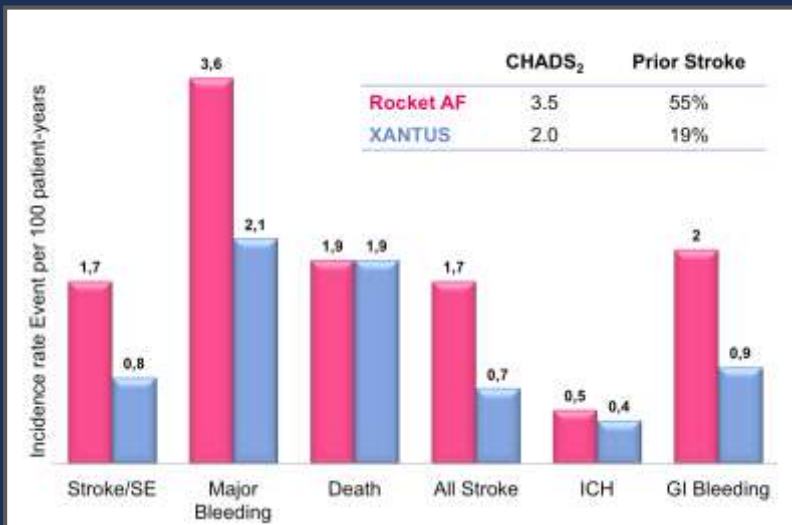
U.S. Department of Defense (DoD)  
PMSS (Post-Marketing Safety Surveillance)

Clin. Cardiol. 38, 2, 63–68 (2015)

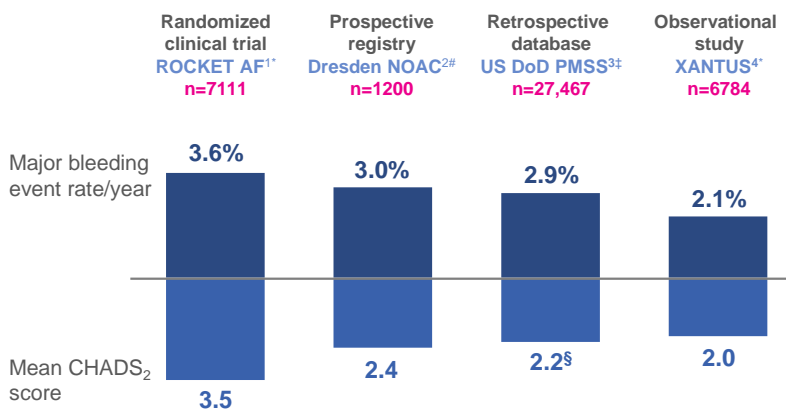
## Rivaroxaban tested in different populations in Randomized Clinical Trial and the Real World



## XANTUS vs ROCKET-AF



## Safety Profile of Rivaroxaban Confirmed Through Real-World Evidence Regardless of Data Source

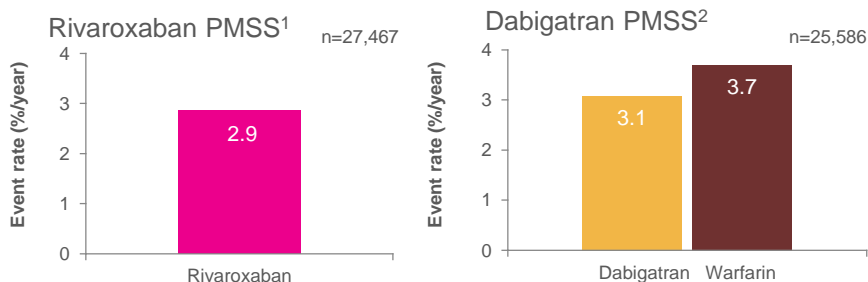


Results are not intended for direct comparison

\*Major bleeding definition according to ISTH; #modified ISTH definition (additionally included surgical revision from bleeding); ‡major bleeding defined by the Cunningham algorithm<sup>3</sup>; §No major bleeding cohort (representative of >98% of the patient population)  
 1. Patel MR et al. *N Engl J Med* 2011;365:883-891; 2. Hecker J et al. *Thromb Haemost* 2016;115(5):939-49;  
 3. Tamayo S et al. *Clin Cardiol* 2015;38:63-68; 4. Camm AJ et al. *Eur Heart J* 2016;37(4):1145-53;  
 5. Cunningham A et al. *Pharmacoepidemiol Drug Saf* 2011;20:560-566

## Rivaroxaban, Dabigatran and Warfarin: Findings on Risk of Major Bleeding in Real World

### Two retrospective analyses of U.S. Dod PMSS records<sup>1,2</sup>



	Rivaroxaban (%)	Dabigatran (%/year)	Warfarin (%/year)
ICH	0.1	0.27	0.56
Fatal bleeding	<0.1	Not reported	Not reported
Major GI bleeding	1.5	2.54	2.37

Major bleeding was defined by the Cunningham algorithm in both studies<sup>3</sup>

1. Tamayo S et al. *Clin Cardiol*. 2015;38(2):63-68;  
 2. [http://us.boehringer-ingenheim.com/news\\_events/press\\_releases/press\\_release\\_archive/2014/11-17-14-us-department-defense-study-supports-favorable-benefit-risk-profile-pradaxa-dabigatran-etexilate-mesylate-reducing-stroke-risk-non-valvular-atrial-fibrillation.html](http://us.boehringer-ingenheim.com/news_events/press_releases/press_release_archive/2014/11-17-14-us-department-defense-study-supports-favorable-benefit-risk-profile-pradaxa-dabigatran-etexilate-mesylate-reducing-stroke-risk-non-valvular-atrial-fibrillation.html);  
 3. Cunningham A et al. *Pharmacoepidemiol Drug Saf*. 2011;20(6):560-566.

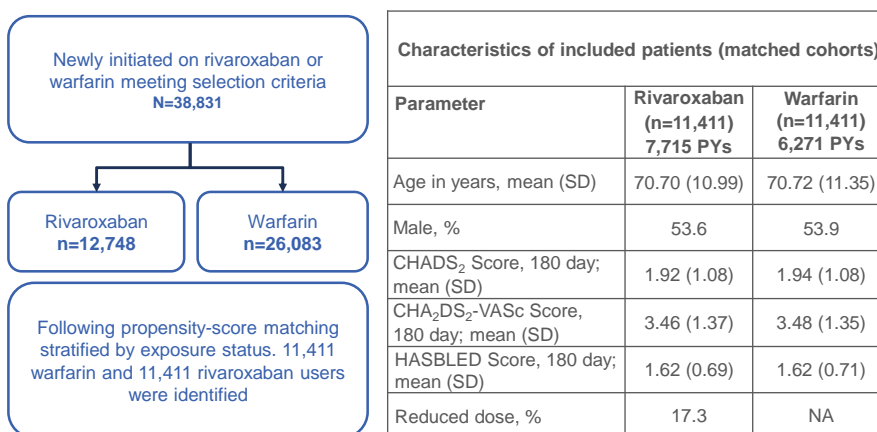
**Background:** Little data exists regarding the effectiveness and safety of rivaroxaban or apixaban versus warfarin in nonvalvular atrial fibrillation (NVAF) patients treated outside of clinical trials.

A retrospective study included adults, newly initiated on rivaroxaban, apixaban or warfarin for NVAF, with a baseline CHA<sub>2</sub>DS<sub>2</sub>-VASc score  $\geq 2$ , and  $\geq 180$  days of continuous medical and prescription benefits. Using Market Scan from January 2012 to October 2014.

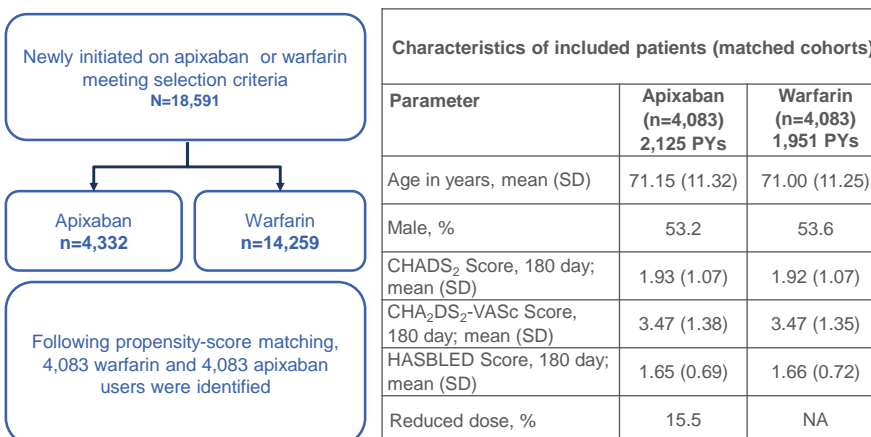
Current Medical Research and Opinion  
Volume 32, 2016 - Issue 12

**REVISIT-US**

## REVISIT-US Baseline Characteristics Rivaroxaban vs Warfarin



## REVISIT-US Baseline Characteristics Apixaban vs Warfarin

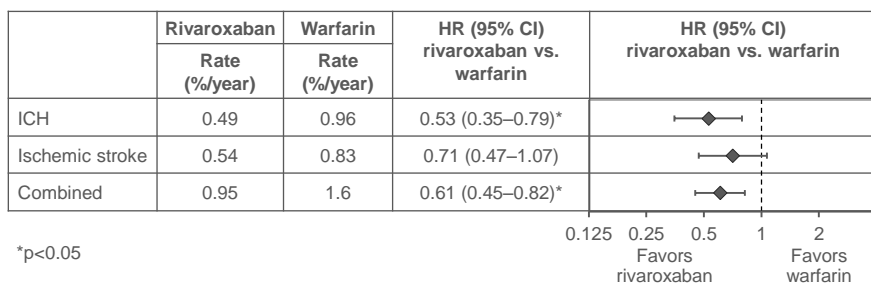


Coleman CI et al, *Curr Med Res Opin* 2016 Sep 15 [Epub ahead of print]; DOI:10.1080/03007995.2016.1237937

**REVISIT-US**

## REVISIT US - Significant Reduction in the Combined Endpoint for Rivaroxaban vs warfarin

- ◆ Rivaroxaban was associated vs warfarin with a
  - Significant 47% reduction in ICH
  - Non-significant 29% decrease in ischemic stroke
  - Significant 39% reduction in the combined endpoint of ICH and ischemic stroke



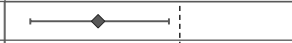
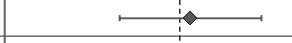

Coleman CI et al, *Curr Med Res Opin* 2016 Sep 15 [Epub ahead of print]; DOI:10.1080/03007995.2016.1237937

**REVISIT-US**



## REVISIT US – No Significant Reduction in the Combined Endpoint for Apixaban vs warfarin

- ◆ Apixaban was associated vs warfarin with a
  - Significant 62% reduction in ICH vs. warfarin
  - Non-significant 13% increase in ischemic stroke vs. warfarin
  - Non-significant 37% reduction in the combined endpoint of ICH and ischemic stroke vs. warfarin

	Apixaban	Warfarin	HR (95% CI) apixaban vs. warfarin	HR (95% CI) apixaban vs. warfarin
	Rate (%/year)	Rate (%/year)		
ICH	0.38	0.97	0.38 (0.17–0.88)*	
Ischemic stroke	0.56	0.51	1.13 (0.49–2.63)	
Combined	0.89	1.44	0.63 (0.35–1.12)	

\*p<0.05

0.125 0.25 0.5 1 2 4  
Favors apixaban Favors warfarin

Coleman CI et al. Real-world Evidence on Stroke prevention In patients with aTtrial Fibrillation in the United States (REVISIT-US) [Presentation at ECAS 2016] Available at: [http://clinicaltrialsresults.org/Slides/REVISIT\\_US\\_Slides.pptx](http://clinicaltrialsresults.org/Slides/REVISIT_US_Slides.pptx)

**REVISIT-US**

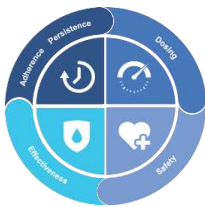
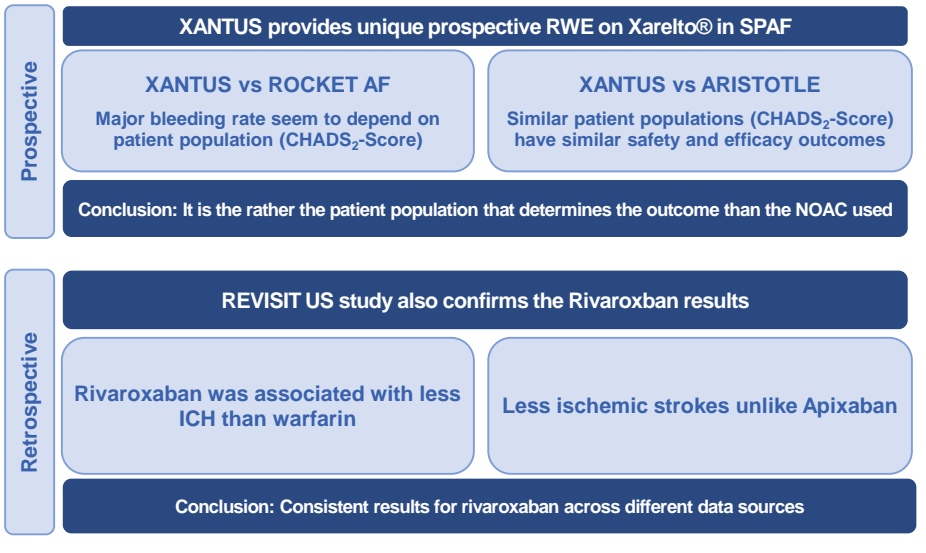
## REVISIT-US Conclusion

### **Conclusions:**

Rivaroxaban and apixaban were associated with less ICH than warfarin and both are likely associated with reductions in the combined endpoint.

Further investigation to validate the numerically higher rate of ischemic stroke with apixaban versus warfarin is required.

## Summary: Effectiveness and Safety Different Data Sources for RWE Data on NOACs



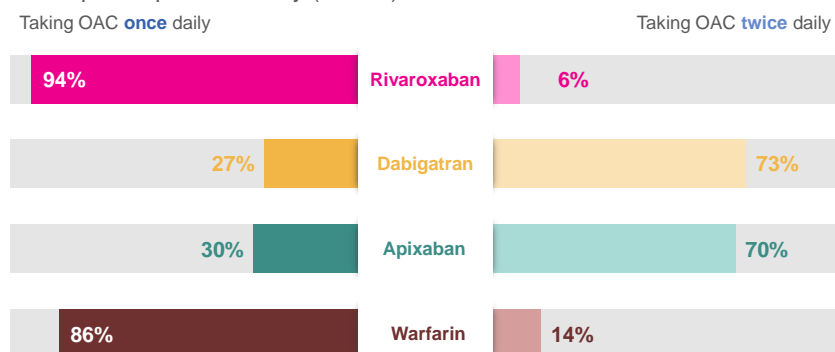
## Adherence and Persistence

Real-world evidence data

## One-Third of Twice-Daily Prescribed Medications Were Being Taken Once Daily

### Therapy adherence

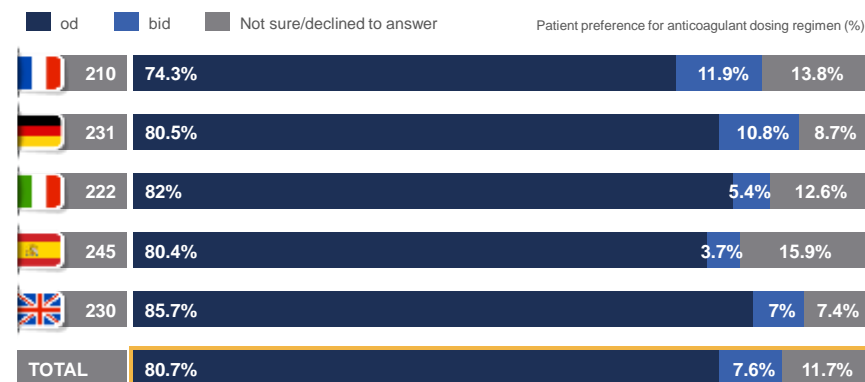
Self-reported patient survey (N=266)



Andrade JG et al, *Can J Cardiol* 2015;doi:0.1016/j.cjca.2015.09.023

## AF Patients Strongly Prefer Once-Daily Dosing for Anticoagulation

### European survey: 1507 patients with AF

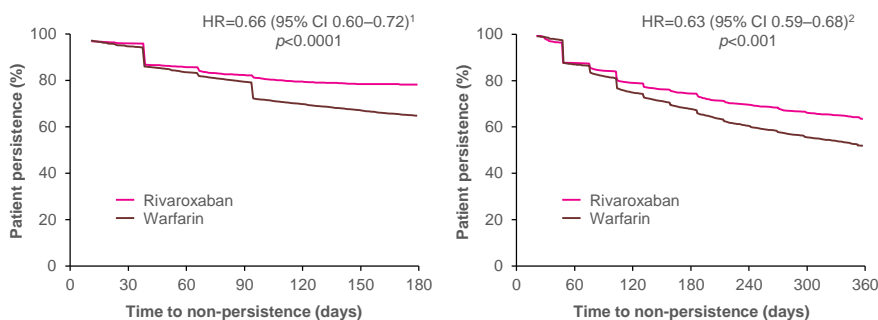


Overall, 81% preferred once-daily anticoagulation

Zamorano JL et al, presented at ESC 2012; Bakhai A et al, *BMC Cardiovasc Disord* 2013;13:108-117

## Patients Stayed Longer on Rivaroxaban than on Warfarin in Real-World Studies

34–37% lower risk of non-persistence with rivaroxaban versus warfarin in two studies<sup>1,2</sup>

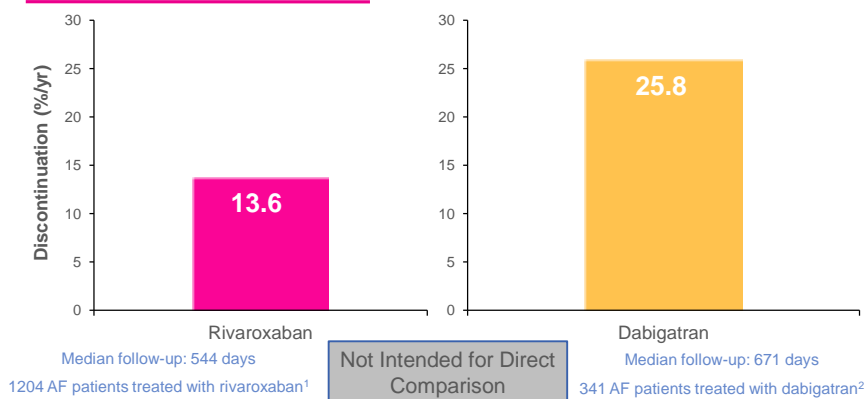


1. Laliberté F et al, *Curr Med Res Opin* 2014;30:1317–1325;  
2. Nelson WW et al, *Curr Med Res Opin* 2014;30:2461–2469

## Dresden NOAC Registry: In Real World AF Patients Stayed Longer on Rivaroxaban than on Dabigatran

Two analyses of the prospective Dresden NOAC registry

### Treatment Discontinuation with Rivaroxaban and Dabigatran



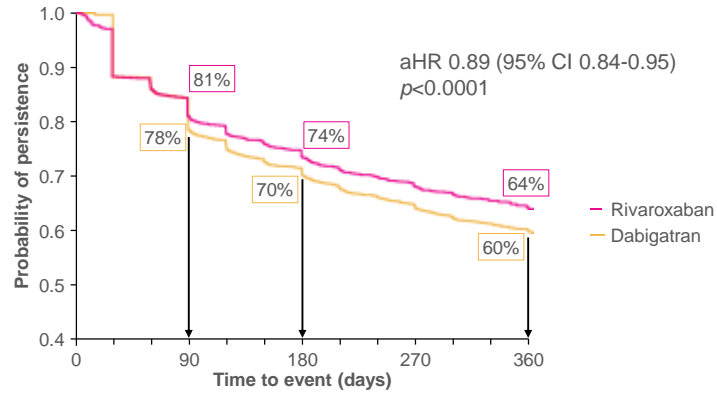
Treatment discontinuation with Rivaroxaban was lower than discontinuation with Dabigatran (two different analyses from the same registry)

1. Beyer-Westendorf J et al. *Europace* 2015;17(4):530-538; 2. Beyer-Westendorf J et al. *Thromb Haemost.* 2015;113(6):1247-1257

## Higher Persistence with Rivaroxaban vs. Dabigatran in Patients with NVAF

### Retrospective U.S. database analysis

- 7,259 Rivaroxaban patients were matched 1:1 with Dabigatran patients



Use of Rivaroxaban led to higher rates of persistence compared to Dabigatran among patients with AF

Nelson WW et al. *Curr Med Res Opin* 2015;doi: 10.1185/03007995.2015.1074064

Not Intended for Direct Comparison



## Dosing

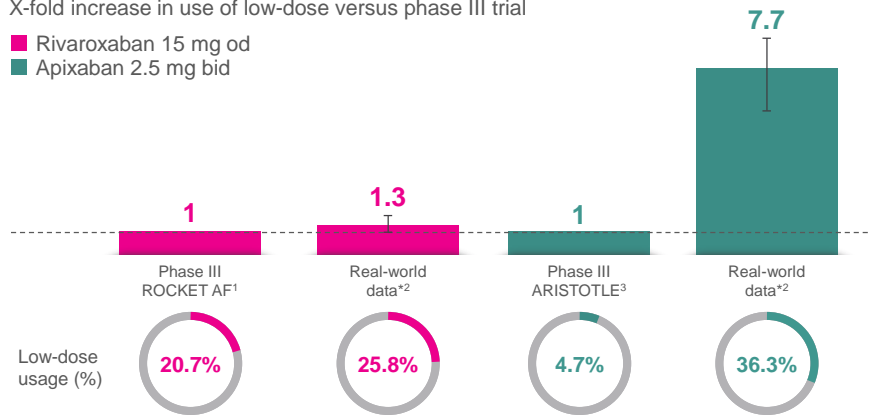
Real-world evidence data

## Rivaroxaban and Apixaban Low-Dose Usage in the Real World Versus Clinical Trials

Use of low-dose rivaroxaban consistent with expectations from phase III

X-fold increase in use of low-dose versus phase III trial

- Rivaroxaban 15 mg od
- Apixaban 2.5 mg bid



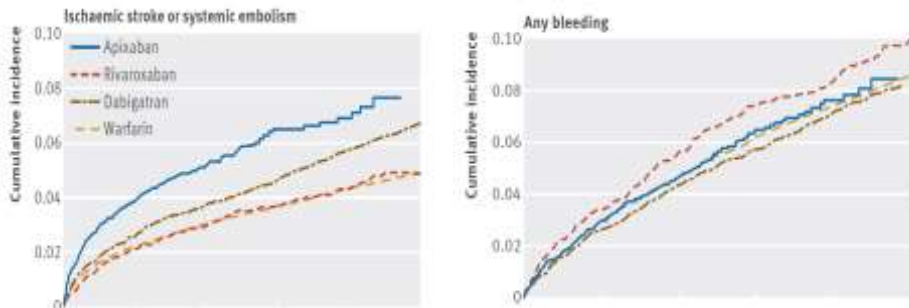
\*Mean and range: data from the US, Germany, Canada and UK

1. Fox KA et al, *Eur Heart J* 2011;32:2387-2394; 2. IMS MIDAS. Q4 2014;
3. Granger GB et al, *N Engl J Med* 2011;365:981-992

Not Intended for Direct Comparison

## Effectiveness and safety of reduced dose non-vitamin K antagonist oral anticoagulants and warfarin in patients with atrial fibrillation: propensity weighted nationwide cohort study

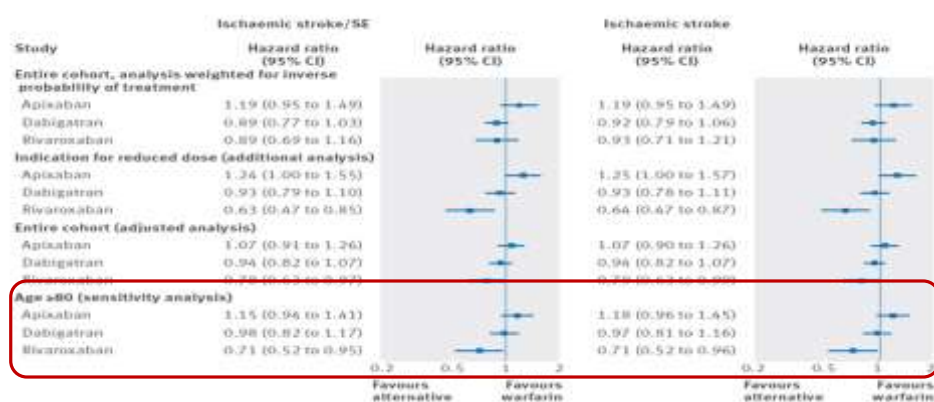
Peter Brønnum Nielsen,<sup>1</sup> Flemming Skjøth,<sup>1,2</sup> Mette Søgaard,<sup>1,3</sup> Jette Nordstrøm Kjældgaard,<sup>1,3</sup> Gregory Y H Lip,<sup>1,4</sup> Torben Bjerregaard Larsen<sup>1,3</sup>



BMJ 2017;356:j510

## Effectiveness and safety of reduced dose non-vitamin K antagonist oral anticoagulants and warfarin in patients with atrial fibrillation: propensity weighted nationwide cohort study

Peter Brønnum Nielsen,<sup>1</sup> Flemming Skjøth,<sup>1,2</sup> Mette Søgaard,<sup>1,3</sup> Jette Nordstrøm Kjældgaard,<sup>1,3</sup> Gregory Y H Lip,<sup>1,4</sup> Torben Bjerregaard Larsen<sup>1,3</sup>



BMJ 2017;356:j510

## Effectiveness and safety of reduced dose non-vitamin K antagonist oral anticoagulants and warfarin in patients with atrial fibrillation: propensity weighted nationwide cohort study

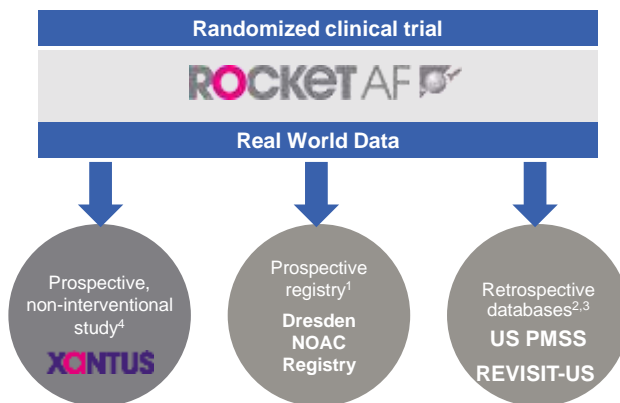
Peter Brønnum Nielsen,<sup>1</sup> Flemming Skjøth,<sup>1,2</sup> Mette Søgaard,<sup>1,3</sup> Jette Nordstrøm Kjældgaard,<sup>1,3</sup> Gregory Y H Lip,<sup>1,4</sup> Torben Bjerregaard Larsen<sup>1,3</sup>

### CONCLUSION

In this propensity weighted nationwide study of reduced dose non-vitamin K antagonist oral anticoagulant regimens, apixaban 2.5 mg twice a day was associated with a trend towards higher rates of ischaemic stroke/systemic embolism compared with warfarin, while rivaroxaban 15 mg once a day and dabigatran 110 mg twice a day showed a trend towards lower thromboembolic rates. The results were not significantly different. Rates of bleeding (the principal safety outcome) were significantly lower for dabigatran, but not significantly different for apixaban and rivaroxaban compared with warfarin.

BMJ 2017;356:j510

## Rivaroxaban Provides a Consistent and Unique Dataset Covering the Full Patient-Risk Spectrum



1. Beyer-Westendorf J *et al*, *Blood* 2014;124:955–962; 2. Tamayo S *et al*, *Clin Cardiol* 2015;38:63–68;  
3. Coleman C *et al*, *Int J Card Med* 2015;203:882–884; 4. Camm AJ *et al*, *Eur Heart J* 2015;doi:10.1093/eurheartj/ehv466

## Conclusions

Registries and trials are complementary.

Randomized clinical trials determine the efficacy and safety of the Rivaroxaban compared with VKA.

Registries test how these drug work in the real world.

Some patients are overtreated and do not need anticoagulation (patients at very low risk for stroke).

Other patients at high risk for stroke do not receive the treatment they need.



## **Rivaroxaban provides a consistent and unique dataset covering the full patient risk spectrum**

### **Unselected patients with AF in the real world**

- ◆ **Efficacy** - Effectiveness of rivaroxaban across RWE datasets was consistent with efficacy outcomes reported in ROCKET AF
- ◆ **Safety** - Rates of major bleeding in RWE datasets with rivaroxaban were lower than those reported for VKAs and consistent with findings from ROCKET AF
- ◆ **Persistence** - Rivaroxaban was associated with high persistence rates in Real World (exceeding warfarin or dabigatran)
- ◆ **Adherence** - Patients treated with OD rivaroxaban demonstrated better adherence than those treated with BID regimens
- ◆ **Dosing** - Use of low-dose rivaroxaban in Real World is consistent with expectations from phase III

